

Hudson Valley Community College
COVID-19 Travel Protocols
Revision Date: November 12, 2020

Travel increases the risks of exposure to the coronavirus for individuals and the community. The U.S. Centers for Disease Control and Prevention (CDC) has issued guidance for [Travel During the COVID-19 Pandemic](#) and updated [COVID-19 Travel Recommendations by Destination](#).

Additionally, New York State has updated the [Interim Guidance for Quarantine Restrictions](#), requiring completion of a [Traveler Health Form](#) and a 14-day quarantine for travelers from non-contiguous states (any state besides Pennsylvania, New Jersey, Connecticut, Massachusetts or Vermont) and CDC Level 2 or 3 Travel Health Notice countries. This guidance and the updated [New York State Travel Advisory](#) provide an option for “testing out” of the 14-day quarantine requirement.

All college-related and personal travel by college employees and students reporting to campus must comply with the college protocols contained in this document as well as New York State requirements in effect at the time of travel and return.

College-Related Travel

Travel outside of New York State is limited to essential business and requires the prior approval of the traveler’s director or dean and Health Services. Health Services will assist in determining current restrictions in effect at the destination or upon return to New York State.

Personal Travel

Personal travel is discouraged at this time. If you must travel, make sure you are aware of and adhere to any CDC [Travel Guidance](#) and national or local restrictions for your destination and place of return, including current [New York State Travel Advisories](#).

Within the United States, check [state and territorial health department websites](#) for the latest information on requirements in effect at your destination. For international travel, check the CDC’s [COVID-19 Travel Recommendations by Destination](#).

Students and employees should submit a copy of the New York State [Traveler Health Form](#) and any COVID-19 test results to Health Services. Health Services will track the traveler’s quarantine and/or testing status and provide clearance to return to campus once the quarantine and/or testing requirements have been met.

As this is a fluid situation, travel guidance may be issued for additional areas or raised to higher levels, leading to unexpected consequences such as delays in returning or quarantines. Individuals should carefully consider their own circumstances prior to travel.

New York State Requirements

Travelers arriving from any non-contiguous state (any state besides Pennsylvania, New Jersey, Connecticut, Massachusetts or Vermont) or territory or a CDC-designated Risk Level 2 or Level 3 international destination are required to complete the [Traveler Health Form](#) and quarantine for 14 days upon entering New York State. A current listing of CDC Level 2 and 3 countries is available on the [CDC COVID-19 Travel Recommendations by Destination](#) webpage.

The updated New York Travel Advisory provides an option to “test out” of the mandatory 14-day quarantine:

- For travelers who were out-of-state for more than 24 hours:
 - Travelers must obtain a test within 72 hours **prior to** arrival in New York State.
 - The traveler must, upon arrival in New York, complete the [Traveler Health Form](#) and quarantine for three (3) days.
 - On day four of their quarantine, the traveler must obtain another COVID-19 test. If both tests come back negative, the traveler may exit quarantine early upon receipt of the second negative diagnostic test.

- For travelers who were out-of-state for less than 24 hours:
 - The traveler does not need a test prior to their departure from the other state, and does not need to quarantine upon arrival in New York State.
 - However, the traveler must fill out the Traveler Health Form upon entry into New York State, and take a COVID-19 diagnostic test four (4) days after their arrival in New York.

Travelers completing a 14-day quarantine or a shorter quarantine if opting to “test out” are required to follow the [New York State Health Department COVID-19 Precautionary Quarantine Requirements](#):

1. Separate quarters with separate bathroom facilities are required for each individual or family group. Access to a sink with soap and water, and paper towels is needed.
2. The contact must have a way to self-quarantine from household members as soon as fever or other symptoms develop, in a separate room. There must be a door that separates it from the rest of the living area and has its own bathroom. Given that an exposed individual might become ill while sleeping, the exposed individual must sleep in a separate bedroom from household members.
3. Cleaning supplies, e.g. household cleaning wipes, must be provided in any shared bathroom.
4. If an individual sharing a bathroom becomes symptomatic, all others sharing the bathroom will be considered exposed persons until the symptomatic individual is appropriately evaluated and cleared.
5. Food must be delivered to the individual’s quarters.
6. Quarters must have a supply of face masks for individuals to put on if they become symptomatic.

7. Garbage must be bagged and left outside by the door of each of the quarters for routine pick up. Special handling is not required.
8. Individuals should self-monitor for fever and other symptoms of COVID-19 daily throughout the duration of the quarantine period.

College Requirements

All students and employees traveling from a non-contiguous state (any state besides Pennsylvania, New Jersey, Connecticut, Massachusetts or Vermont) or territory or CDC Level 2 or 3 country, by air or by other means of transportation, are required to complete the [New York State Traveler Health Form](#) at the airport or online and submit a photo or screenshot of the last page to Health Services at healthservice@hvcc.edu.

Hudson Valley Community College requires that **all faculty, staff, students, visitors and contractors remain off campus for 14 days after returning from any travel to a non-contiguous state (any state besides Pennsylvania, New Jersey, Connecticut, Massachusetts or Vermont) or CDC Level 2 or 3 country or submit negative COVID-19 test result(s) required by the provisions for “testing out” of the 14-day quarantine. Health Services will track the status of any travelers. Travelers should not return to campus until cleared by Health Services.**

Returning travelers should not participate in the college’s pooled testing until the 14 day quarantine has been completed or a negative result has been received from their second COVID-19 test, administered on day 4 after arriving in New York. The college’s pooled testing should not be used to clear a traveler from quarantine. A list of COVID-19 test sites can be found on the New York State [Department of Health](#) website.

For up-to-date travel guidance, please refer to [CDC's Coronavirus Disease 2019 Information for Travel](#) and the [New York State COVID-19 Travel Advisory](#) webpage.

These protocols are in effect until further notice and subject to change as additional guidance becomes available.