Travel increases the risks of exposure to the coronavirus for individuals and the community. The U.S. Centers for Disease Control and Prevention (CDC) has issued guidance for Travel During the COVID-19 Pandemic and updated COVID-19 Travel Recommendations by Destination. Additionally, New York State has issued a Travel Advisory enacting quarantine requirements for travelers arriving from states with significant rates of transmission.

**College-Related Travel**
Travel outside of New York State is limited to essential business and requires the prior approval of the traveler’s director or dean and Health Services. Health Services will assist in determining current restrictions in effect at the destination or upon return to New York State.

**Personal Travel**
Personal travel is discouraged at this time. If you must travel, make sure you are aware of and adhere to any CDC Travel Guidance and national or local restrictions for your destination and place of return, including New York State quarantine mandates. Within the United States, check state and territorial health department websites for the latest information before traveling.

As this is a fluid situation, travel guidance may be issued for additional areas or raised to higher levels, leading to unexpected consequences such as delays in returning or quarantines. Individuals should carefully consider their own circumstances prior to travel.

**College Requirements**
All students and employees traveling from a restricted state or an international location, by air or by other means of transportation, are required to complete the New York State Traveler Health Form at the airport or online and submit a photo or screenshot of the last page to Health Services at healthservice@hvcc.edu.

Travelers arriving from a state with widespread community transmission of COVID-19 will be required to quarantine for 14 days upon entering New York State. An up-to-date list of affected states is available on the New York State Coronavirus Travel Advisory webpage. If you have traveled to one of these states within 14 days, you must follow the New York State Health Department COVID-19 Precautionary Quarantine Requirements:

1. Separate quarters with separate bathroom facilities are required for each individual or family group. Access to a sink with soap and water, and paper towels is needed.
2. The contact must have a way to self-quarantine from household members as soon as fever or other symptoms develop, in a separate room. There must be a door that separates it from the rest of the living area and has its own bathroom. Given that an
exposed individual might become ill while sleeping, the exposed individual must sleep in a separate bedroom from household members.

3. Cleaning supplies, e.g. household cleaning wipes, must be provided in any shared bathroom.

4. If an individual sharing a bathroom becomes symptomatic, all others sharing the bathroom will be considered exposed persons until the symptomatic individual is appropriately evaluated and cleared.

5. Food must be delivered to the individual’s quarters.

6. Quarters must have a supply of face masks for individuals to put on if they become symptomatic.

7. Garbage must be bagged and left outside by the door of each of the quarters for routine pick up. Special handling is not required.

8. Individuals should self-monitor for fever and other symptoms of COVID-19 daily throughout the duration of the quarantine period.

Currently, New York State does not require a mandatory 14-day quarantine for international travelers. However, Hudson Valley Community College requires that all faculty, staff, students, visitors and contractors remain off campus for 14 days after returning from any international travel or after traveling from a U.S state on the New York State list for required quarantine. Anyone who has traveled internationally or to a designated state must also contact College Health Services at (518) 629-7468 for guidance before returning to campus. For up-to-date travel guidance, please refer to CDC's Coronavirus Disease 2019 Information for Travel and the New York State COVID-19 Travel Advisory webpage.

These protocols are in effect until further notice and subject to change as additional guidance becomes available.