10th Annual Race Away Stigma
Help Race Away Stigma Surrounding Mental Illness

REGISTRATION: Before Oct. 20 = $20, Day of Race = $30
Free to all HVCC students, Student’s from local colleges = $10
T-shirt (based on availability), raffle prizes, post-race snacks included

Donations: Benefit Unity House
Suggested Donations *Please check the box next to amount $1 $5 $10 $ Other

Name ____________________________ Phone ____________________________
Address __________________________________________________________________________
City State Zip

Cr Size S M L XL XXL Age: ________ Sex: ________

If you are under the age of 18, a parent or guardian must sign.

Parent or guardian signature ____________________________ Date __________

I represent that I am 18 or older (unless my parent or guardian has signed above), that I am physically fit to participate in the Race, and that my condition has been verified by a medical doctor within a reasonable period of time. I give up my right to bring an action to recover any compensation for injury or damages to me or my property arising from my participation in the Race, and release, to the fullest extent allowed by law, Hudson Valley Community College, Rensselaer County, the State University of New York and their respective agents, servants and employees (“collectively Releases”) from any claim I or my heirs, executors, administrators and assigns may have against any Releasee in any way resulting from my participation in the Race, to the fullest extent allowed by law and I agree to defend, indemnify and hold harmless Releases from all such costs, claims, losses or damages. I recognize and voluntarily and knowingly assume the risks inherent in the Race.

Signature ____________________________ Date __________

Mail form and entry fee to: OR Online Registration and Forms: Checks payable to
Hudson Valley Community College www hvcc edu/cct/race.html HVCC Project Aware
Race Away Stigma 5K www finishright com
Wellness Center
80 Vandenburgh Avenue, Troy, NY 12180

Contact and Questions: Larry Ellis, (518) 629-7175, L.ellis@hvcc.edu
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Saturday, Oct. 20, 2018
Registration Begins At 8:30 a.m.
At the Pavilion in Front of Hudson Hall
Race Begins At 10 a.m.
Awards & Barbecue Begin At 11 a.m.

Sponsored by Hudson Valley’s Wellness Center in collaboration with: