February is National Children’s Dental Health Month

Smile…It’s the Universal Language!

Baby Bottle Tooth Decay
www.mouthhealthy.org/en/az-topics/b/baby-bottle-tooth-decay

Baby Bottle Tooth Decay
www.webmd.com/oral-health/guide/what-is-baby-bottle-tooth-decay

Brush Up on Healthy Teeth -Center for Disease Control and Prevention
www.cdc.gov/oralhealth/pdfs/BrushUpTips.pdf

Bronx County Dental Society- Bronx
www.bronxcountydentalsociety.org

Crest How to Brush

Child & Teen Dental Information-Child Development Institute
www.childdevelopmentinfo.com/health_safety/dental_information.shtml

Dental Health Care for Children With Special Needs

Eighth District Dental Society- Allegany, Cattaraugus, Chautauqua, Erie, Genesee, Niagara, Orleans, Wyoming
www.8ddsny.org

Exercise for Children - U.S. Department of Health & Human Services

Five Food Groups
www.choosemyplate.gov/food-groups/

www.4thdds.org

Fifth District Dental Society- Herkimer, Jefferson, Lewis, Madison, Oneida, Onondaga, Oswego, St. Lawrence
www.5dds.org

Fact or Fiction Teens Quiz
www.mouthhealthy.org/en/Teens

The links provided are current as of January 2022.

By: Gabriele M. Hamm, RDA, CDA, CDPMA
FoodPyramid
www.foodpyramid.com/

Your Kids Will Eat This Food! Cookbook
https://guidingstars.app.box.com/s/fdacu6tgrlq7x8tpozp

Guiding Stars Land Board Game

Healthy (Learn to be)
www.learntobehealthy.org/kids/

Have You Been Naughty or Nice to Your Teeth?

Healthy Teeth Education Database – Nova Scotia Dental Association
www.healthyteeth.org/

Health Topics - Oral-B Dental
www.oralb.com

How to Brush - American Dental Association
www.ada.org

Healthy kids grow into healthy adults. Make brushing fun time for your child. Watch the video...
www.mouthhealthy.org/en/babies-and-kids/?channelId=2875bb5f0a654adab3ed929778eebd88&channelListId&mediaId=83616ab0db4b41ba9c52b4f80c529929

iPod app for kids - Orca Health
www.dentistryiq.com/articles/2012/03/orca-ipad-kids.html

Juvenile Diabetes Research Foundation
www.jdrf.org

Kids - Kids Health
http://kidshealth.org/kid/

Guard your child’s smile - National Alliance for Youth Sports
www.nays.org/blog/guard-your-child-s-smile-this-soccer-season/

Hudson Valley Community College Dental Hygiene Clinic
www.hvcc.edu/dhyclinic

KidsHealth in the Classroom for Educators
http://classroom.kidshealth.org/

Library (Oral Health) - Delta Dental
http://oralhealth.deltadental.com/

Life Stages – Oral-B
www.oralb.com

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Recipes for kids with Diabetes
http://kidshealth.org/kid/recipes/diabetes/about_diabetes_recipes.html#cat20240

Sesame Street Activity Dental Sheets
www.mouthhealthy.org/en/resources/activity-sheets/sesame-street

Smoking and Tobacco

Smile Starts Oral Health Curriculum
www.mouthhealthy.org/en/

Second District Dental Society- Kings, Richmond
www.sddsny.org

Sixth District Dental Society- Broome, Chemung, Chenango, Cortland, Delaware, Otsego, Schuyler, Tioga, Tompkins
www.6dds.org

Seventh District Dental Society- Cayuga, Livingston, Monroe, Ontario, Seneca, Steuben, Wayne, Yates
www.7dds.org

Suffolk County Dental Society- Suffolk
www.suffolkdental.org

The Dental Center of Indiana (Thanks for the Link Alyssa from Colorado)
www.dentalcenter-in.com/dental-personal-hygiene-families/

Third District Dental Society- Albany, Columbia, Greene, Rensselaer, Sullivan, Ulster
www.third-district.org

The Anatomy of a Tooth - American Dental Association
www.mouthhealthy.org/en/az-topics/t/tooth

Teens - Kids Health
http://kidshealth.org/kid/

Taking Care of Your Teeth- Kids Health
http://kidshealth.org/kid/stay_healthy/body/teeth_care.html

White House Assistant Chef Sam in White House kitchen with Elmo Video - Let’s Move!
www.youtube.com/watch?v=FV4D1-W1TJk

USAD
www.nutrition.gov/topics/nutrition-age/children/kids-corner

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