

Race Away Stigma 5K - 10/19/2013
Hudson Valley Community College, Troy, NY
Rankings

Mixed 1-99 5k Run RR

Comp#	Name	Team	Time	Points
1	281 Birdsinger, Pete	M50 Troy, NY	20:02	
2	720 Ohrin, Andrew	M29 Castleton, NY	20:14	
3	243 Sestito, John	M50 Johnsonville, NY	20:22	
4	727 Russomanno, Maurizio	M44 Troy, NY	20:30	
5	496 Gise, Michael	M14 Ballston Spa, NY	20:33	
6	227 Altobello, Joseph	M35 Green Island, NY	21:33	
7	225 Grennan, Ryan	M28 West Sand Lake, NY	21:46	
8	266 Tift, Tom	M56 West Sand Lake, NY	22:07	
9	300 Vnuk, Steve	M57 Delmar, NY	22:16	
10	730 Lennon, Brenda	W47 Troy, NY	22:29	
11	290 Kuchenbecker, Brendan	M36 Rexford, NY	22:34	
12	244 Paduano, John	M53 Stillwater, NY	23:05	
13	480 Thompson, Sean	M46 Albany, NY	23:58	
14	248 Hafer, Elizabeth	W22 Albany, NY	23:59	
15	716 Hart, Ashley	W29 Latham, NY	24:09	
16	499 Vogel, Samuel	M25 Troy, NY	24:28	
17	289 Pesaresi, Simona	W44 Albany, NY	24:33	
18	489 Kullman, Kenneth	M42 Albany, NY	24:55	
19	495 Gise, Charles	M44 Ballston Spa, NY	25:34	
20	494 Oropallo, Diana	W39 Ballston Spa, NY	25:45	
21	292 Claridge, Andre	M42 Colonie, NY	25:59	
22	282 McCarty, Sandra	W42 Castleton, NY	26:27	
23	239 Francesoni, Lori	W52 Waterford, NY	26:38	
24	280 Miller, Christine	W30 Latham, NY	26:39	
25	493 Knight, Matthew	M12 Ballston Spa, NY	26:49	
26	274 Nolette, Joanne	W53 Rensselaer, NY	27:00	
27	728 Browne, Brian	M55 Delmar, NY	27:24	
28	233 Hotaling, Jim	M73 Niverville, NY	28:00	
29	740 kurz, christopher	M18 guilderland, NC	28:14	
30	744 randolph, johnny	M18 troy, NY	28:18	
31	286 Williamson, Josiah	M18 Albany, NY	28:18	
32	228 Ferguson, Will	M57 Valatie, NY	28:26	
33	492 Knight, Todd	M47 Ballston Spa, NY	28:28	
34	735 soloyna, cathy	W60 wynantskill, NY	28:31	
35	263 Popovics, Joanne	W56 Schenectady, NY	28:46	
36	226 Spatuzzi, Michael	M43 Clifton Park, NY	28:53	
37	224 Tunison, Elizabeth	W30 West Sand Lake, NY	29:04	
38	733 Wright, Heidi	W39 Troy, NY	29:29	
39	298 Poulos, Andrew	M38 Albany, NY	29:36	
40	299 Alden, Carola	W39 Albany, NY	29:37	
41	245 Ciarmiello, Sue	W57 Schenectady, NY	29:39	
42	721 Borland, Jackie	W12 West Sand Lake, NY	29:48	
43	600 Kaszeta, Jess	W26 Mechanicville, NY	29:48	
44	742 ctuaitan, margaret	W31 troy, NY	29:49	
45	723 Kittleson, Kelsey	W12 Averill Park, NY	29:49	
46	731 Rhodes, Sandra	W53 Loudonville, NY	30:09	
47	241 Rhodes, Keith	M52 Loudonville, NY	30:10	
48	291 Kenney, Mary	W42 Albany, NY	30:11	
49	264 Edelstein, David	M58 Waterford, NY	30:26	
50	491 Brugeman, Rachel	W43 Albany, NY	30:28	
51	745 hart, james	M72 loudenville, NY	31:27	
52	242 Brown, Theresa	W54 Rensselaer, NY	31:59	
53	256 Fox, Jacob	M20 Dorset, VT	32:57	
54	222 Kempster, Jillian	W28 Troy, NY	33:01	

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55	725	Berry, Paul	M48	Saratoga Springs, NY	33:04
56	251	Gatt, Stephen	M49	Voorheesville, NY	33:36
57	252	Soloway, Laura	W38	Menands, NY	33:56
58	726	Reynolds, Jane	W55	Rensselaer, NY	34:00
59	247	Mackey, Valerie	W47	Schenectady, NY	34:13
60	269	Ellis, Maya	W12	Troy, NY	34:16
61	265	Clark, Michelle	W28	Albany, NY	34:27
62	477	Hartigan, Susan	W47	Wynantskill, NY	34:43
63	229	Kennedy, Edward	M37	Albany, NY	35:10
64	283	Peters, Immaline	W18	Colonie, NY	35:11
65	736	porler, matthew	M18	albany, NC	35:11
66	473	Dawson, Christopher	M26	Green Island, NY	35:26
67	719	Meath, Lauren	W28	Manlius, NY	36:24
68	478	Gabriel, Benjamin	M24	Rensselaer, NY	36:36
69	255	Lenowitz, Katie	W18	Manchester, VT	37:07
70	238	Springer, Maryann	W55	Rensselaer, NY	37:26
71	297	Muller, Beth	W51	Troy, NY	37:27
72	277	Flynn, Caroline	W35	Rensselaer, NY	37:30
73	234	Strait, Helen	W48	Ballston Spa, NY	39:02
74	734	Frenyea, Jessica	W35	Delmar, NY	39:17
75	268	Ellis, Larry	M42	Troy, NY	39:57
76	737	rem, dani	W10	scheneectady, NY	39:59
77	276	Riley, Denise	W34	Troy, NY	40:13
78	278	Czamara, Stacey	W28	Troy, NY	41:04
79	738	rem, allison	W8	scheneectady, NY	41:28
80	739	rem, rachel	W39	scheneectady, NY	41:47
81	230	Matlock, Charlie	M68	Averill Park, NY	43:51
82	717	McHale, Pamela	W46	Castleton, NY	43:52
83	718	Lattera, Margaret	W50	Castleton, NY	45:19
84	223	Lumia, Danielle	W46	Greenwich, NY	45:20
85	488	Tracey, Bryan	M29	Troy, NY	45:23
86	262	Stovall, Sreela	W32	Slingerlands, NY	47:38
87	490	Wilson, Maryann	W55	Cropseyville, NY	48:19
88	724	Ochennieu, Karen	W46	West Sand Lake, NY	48:20
89	232	Murray, Lin	W31	Pattersonville, NY	49:06
90	498	Polsinello, Trista	W8	East Greenbush, NY	49:06
91	497	Pease, Natasha	W33	East Greenbush, NY	49:06
92	236	Smith, Darnell	M36	Albany, NY	49:38
93	235	Cunningham, Dywana	W42	Troy, NY	49:39
94	270	Johnson, Shayne	W40	Schenectady, NY	50:06
95	271	Kozak, Donna	W63	Schenectady, NY	50:06
96	257	Siegel, Fred	M70	Manchester Center, VT	51:32
97	275	Colvin, Rochelle	W22	Burlington, VT	52:41
98	273	Colvin, Shelley	W40	Mechanicville, NY	52:42
99	295	Baker, Kaila	W18	Watervliet, NY	53:05
100	296	Leo, Catherine	W18	Albany, NY	53:05
101	479	Flood, Raymond	M19	Schenectady, NY	53:06
102	487	Ferenczy, Katrina	W19	Coxsackie, NY	53:06
103	715	Andriyanov, Anton	M25	Delmar, NY	53:07
104	287	Chapman, Kathy	W57	Ballston Lake, NY	53:30
105	500	Jancek, Venus	W42	Cambridge, NY	53:30
106	288	Chapman, Casey	W27	Ballston Lake, NY	53:30
107	471	Knox, Colleen	W46	Waterford, NY	54:08
108	472	Knox, Jillian	W18	Waterford, NY	54:08
109	722	Hernandez-Castro, Jocelyn	W18	Troy, NY	54:20

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110	743	carr, emani	W18	albany, NY	54:22
111	485	Heron, Darius	M18	Troy, NY	55:36
112	486	Pettinato, Chris	M19	Staten Island, NY	55:36
113	741	carzy, louis	M21	staten island, NY	55:37
114	237	Johnston, Star	W30	Mechanicville, NY	57:09
115	732	Piper, Marlene	W29	Troy, NY	57:19
116	260	Myers, Anna	W19	Clifton Park, NY	57:19
117	482	Malavasic, Alice	W58	Watervliet, NY	57:41
118	729	Dumas, Elizabeth	W57	Albany, NY	57:41
119	267	Mangione, Kenneth	M55	Troy, NY	57:43
120	470	Smith, Jordan	W18	Albany, NY	58:00
121	469	Connolly, Kaitlyn	W18	Niskayuna, NY	58:01
122	258	Malo, Janet	W47	Troy, NY	59:44
123	272	Tracey, Annmarie	W49	Troy, NY	1:00:00

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Event 1 Mixed 1-99 5k Run RR

Name	Age Team	Finals	Points
Overall Results Women 5000 Run			
1 Lennon, Brenda	W47 Troy, NY	22:29	
2 Hafer, Elizabeth	W22 Albany, NY	23:59	
3 Hart, Ashley	W29 Latham, NY	24:09	
Overall Results Men 5000 Run			
1 Birdsinger, Pete	M50 Troy, NY	20:02	
2 Ohrin, Andrew	M29 Castleton, NY	20:14	
3 Sestito, John	M50 Johnsonville, NY	20:22	
1-19 Results - Women 5000 Run			
1 Borland, Jackie	W12 West Sand Lake, NY	29:48	
2 Kittleson, Kelsey	W12 Averill Park, NY	29:49	
3 Ellis, Maya	W12 Troy, NY	34:16	
4 Peters, Immaline	W18 Colonie, NY	35:11	
5 Lenowitz, Katie	W18 Manchester, VT	37:07	
6 rem, dani	W10 schenectady, NY	39:59	
7 rem, allison	W8 schenectady, NY	41:28	
8 Polsinello, Trista	W8 East Greenbush, NY	49:06	
9 Baker, Kaila	W18 Watervliet, NY	53:05	
10 Leo, Catherine	W18 Albany, NY	53:05	
11 Ferenczy, Katrina	W19 Coxsackie, NY	53:06	
12 Knox, Jillian	W18 Waterford, NY	54:08	
13 Hernandez-Castro, Jocely	W18 Troy, NY	54:20	
14 carr, emani	W18 albany, NY	54:22	
15 Myers, Anna	W19 Clifton Park, NY	57:19	
16 Smith, Jordan	W18 Albany, NY	58:00	
17 Connolly, Kaitlyn	W18 Niskayuna, NY	58:01	
20-29 Results - Women 5000 Run			
1 Kaszeta, Jess	W26 Mechanicville, NY	29:48	
2 Kempter, Jillian	W28 Troy, NY	33:01	
3 Clark, Michelle	W28 Albany, NY	34:27	
4 Meath, Lauren	W28 Manlius, NY	36:24	
5 Czamara, Stacey	W28 Troy, NY	41:04	
6 Colvin, Rochelle	W22 Burlington, VT	52:41	
7 Chapman, Casey	W27 Ballston Lake, NY	53:30	
8 Piper, Marlene	W29 Troy, NY	57:19	
30-39 Results - Women 5000 Run			
1 Oropallo, Diana	W39 Ballston Spa, NY	25:45	
2 Miller, Christine	W30 Latham, NY	26:39	
3 Tunison, Elizabeth	W30 West Sand Lake, NY	29:04	
4 Wright, Heidi	W39 Troy, NY	29:29	
5 Alden, Carola	W39 Albany, NY	29:37	
6 ctuaitan, margaret	W31 troy, NY	29:49	
7 Soloway, Laura	W38 Menands, NY	33:56	
8 Flynn, Caroline	W35 Rensselaer, NY	37:30	
9 Frenyea, Jessica	W35 Delmar, NY	39:17	
10 Riley, Denise	W34 Troy, NY	40:13	
11 rem, rachel	W39 schenectady, NY	41:47	
12 Stovall, Sreela	W32 Slingerlands, NY	47:38	
13 Murray, Lin	W31 Pattersonville, NY	49:06	
14 Pease, Natasha	W33 East Greenbush, NY	49:06	
15 Johnston, Star	W30 Mechanicville, NY	57:09	
40-49 Results - Women 5000 Run			
1 Pesaresi, Simona	W44 Albany, NY	24:33	

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2	McCarty, Sandra	W42 Castleton, NY	26:27
3	Kenney, Mary	W42 Albany, NY	30:11
4	Brugeman, Rachel	W43 Albany, NY	30:28
5	Mackey, Valerie	W47 Schenectady, NY	34:13
6	Hartigan, Susan	W47 Wynantskill, NY	34:43
7	Strait, Helen	W48 Ballston Spa, NY	39:02
8	McHale, Pamela	W46 Castleton, NY	43:52
9	Lumia, Danielle	W46 Greenwich, NY	45:20
10	Ochennieu, Karen	W46 West Sand Lake, NY	48:20
11	Cunningham, Dywana	W42 Troy, NY	49:39
12	Johnson, Shayne	W40 Schenectady, NY	50:06
13	Colvin, Shelley	W40 Mechanicville, NY	52:42
14	Jancek, Venus	W42 Cambridge, NY	53:30
15	Knox, Colleen	W46 Waterford, NY	54:08
16	Malo, Janet	W47 Troy, NY	59:44
17	Tracey, Annmarie	W49 Troy, NY	1:00:00
50-59 Results - Women 5000 Run			
1	Francesoni, Lori	W52 Waterford, NY	26:38
2	Nolette, Joanne	W53 Rensselaer, NY	27:00
3	Popovics, Joanne	W56 Schenectady, NY	28:46
4	Ciarmiello, Sue	W57 Schenectady, NY	29:39
5	Rhodes, Sandra	W53 Loudonville, NY	30:09
6	Brown, Theresa	W54 Rensselaer, NY	31:59
7	Reynolds, Jane	W55 Rensselaer, NY	34:00
8	Springer, Maryann	W55 Rensselaer, NY	37:26
9	Muller, Beth	W51 Troy, NY	37:27
10	Lattera, Margaret	W50 Castleton, NY	45:19
11	Wilson, Maryann	W55 Cropseyville, NY	48:19
12	Chapman, Kathy	W57 Ballston Lake, NY	53:30
13	Malavasic, Alice	W58 Watervliet, NY	57:41
14	Dumas, Elizabeth	W57 Albany, NY	57:41
60-69 Results - Women 5000 Run			
1	soloyna, cathy	W60 wynantskill, NY	28:31
2	Kozak, Donna	W63 Schenectady, NY	50:06
1-19 Results - Men 5000 Run			
1	Gise, Michael	M14 Ballston Spa, NY	20:33
2	Knight, Matthew	M12 Ballston Spa, NY	26:49
3	kurz, christopher	M18 guilderland, NC	28:14
4	randolph, johnny	M18 troy, NY	28:18
5	Williamson, Josiah	M18 Albany, NY	28:18
6	porler, matthew	M18 albany, NC	35:11
7	Flood, Raymond	M19 Schenectady, NY	53:06
8	Heron, Darius	M18 Troy, NY	55:36
9	Pettinato, Chris	M19 Staten Island, NY	55:36
20-29 Results - Men 5000 Run			
1	Grennan, Ryan	M28 West Sand Lake, NY	21:46
2	Vogel, Samuel	M25 Troy, NY	24:28
3	Fox, Jacob	M20 Dorset, VT	32:57
4	Dawson, Christopher	M26 Green Island, NY	35:26
5	Gabriel, Benjamin	M24 Rensselaer, NY	36:36
6	Tracey, Bryan	M29 Troy, NY	45:23
7	Andriyanov, Anton	M25 Delmar, NY	53:07
8	carzy, louis	M21 staten island, NY	55:37
30-39 Results - Men 5000 Run			
1	Altobello, Joseph	M35 Green Island, NY	21:33

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2	Kuchenbecker, Brendan	M36 Rexford, NY	22:34
3	Poulos, Andrew	M38 Albany, NY	29:36
4	Kennedy, Edward	M37 Albany, NY	35:10
5	Smith, Darnell	M36 Albany, NY	49:38
40-49 Results - Men 5000 Run			
1	Russomanno, Maurizio	M44 Troy, NY	20:30
2	Thompson, Sean	M46 Albany, NY	23:58
3	Kullman, Kenneth	M42 Albany, NY	24:55
4	Gise, Charles	M44 Ballston Spa, NY	25:34
5	Claridge, Andre	M42 Colonie, NY	25:59
6	Knight, Todd	M47 Ballston Spa, NY	28:28
7	Spatuzzi, Michael	M43 Clifton Park, NY	28:53
8	Berry, Paul	M48 Unattached	33:04
9	Gatt, Stephen	M49 Voorheesville, NY	33:36
10	Ellis, Larry	M42 Troy, NY	39:57
50-59 Results - Men 5000 Run			
1	Tift, Tom	M56 West Sand Lake, NY	22:07
2	Vnuk, Steve	M57 Delmar, NY	22:16
3	Paduano, John	M53 Stillwater, NY	23:05
4	Browne, Brian	M55 Delmar, NY	27:24
5	Ferguson, Will	M57 Valatie, NY	28:26
6	Rhodes, Keith	M52 Loudonville, NY	30:10
7	Edelstein, David	M58 Waterford, NY	30:26
8	Mangione, Kenneth	M55 Troy, NY	57:43
60-69 Results - Men 5000 Run			
1	Matlock, Charlie	M68 Averill Park, NY	43:51
70-99 Results - Men 5000 Run			
1	Hotaling, Jim	M73 Niverville, NY	28:00
2	hart, james	M72 loudenville, NY	31:27
3	Siegel, Fred	M70 Unattached	51:32